



beverley pugh
pure passion
for life

Raw Food Christmas Buffet Party!!!!
Friday 30 November 2007 - 7.30-10.30pm

menu

Bean Sprout Salad Bar
Noasted Turkey with Flax Seed Rosemary Garlic Croutons
Broccoli Fennel Curry
The Best Ever Banana Sundae!!!!

Beverley Pugh is an
Alissa Cohen Raw Food Chef, Coach and Instructor.
Hippocrates Health Educator.

Please call for venue details. Pre bookings please before 20 November
to Sandra on 639 564 031 or email info@MallorcaLadiesClub.com

Dont miss this amazing occasion to taste raw organic food!!

www.mallorcaladiesclub.com
www.purepassionforlife.com